

An aerial photograph of a rugged mountain range covered in snow. The mountains are illuminated from the side, creating strong shadows and highlights that emphasize their jagged peaks and ridges. A deep valley runs through the center of the range. The surrounding landscape is dark, suggesting a forest or a deep shadow.

Vinnuvistfræði alls staðar

O.Lilja Birgisdóttir

Formaður Vinnís



heins fyrir
arfsfólk







Hlutverk: Skilgr á hugtaki:

- Þvörfaglegt
- Öryggi
- Andlag heilsa
- Líkamleg heilsa
- Vinnuumhverfi / skipulag

Hlutverk félagsins:

- Fróða - almanning
 - fyrirtæki
 - fagfolk
 - skólar
- Samskipti - innanlands
 - utanlands
- Alitsgjafi löggjafarvalds

Hvernig birtist Vinnuvistfræði í þínu Vm?

- Litil almenningsvitund.
- Litill skilningur á hugtalinni Vinnuvistfræði
- Mikil þekking í Vinnuumhverfinu
- „Of mikið“ á öryggisþætti
- Vinnueftirlitið



A stylized graphic element consisting of a blue and teal arrow-like shape pointing to the right, which is integrated into the top of the letter 'N' in the acronym 'NES'.

NES

NORDIC ERGONOMICS AND
HUMAN FACTORS SOCIETY





CREATING SUSTAINABLE WORK ENVIRONMENTS **NES 2015**

Nordic Ergonomics Society
47 annual conference
in Lillehammer, Norway
on the 1th - 4th of November 2015



ODAM NOS 2014 11th International Symposium on
Human Factors in Organisational Design and Management
46th Annual Nordic Ergonomics Society Conference

COMMITTEES PROGRAMME PAPER SUBMISSION KEYNOTES CONFERENCE TOPICS

nes 2013 Reykjavik, Iceland **Ergonomics for Equality**
August 11th-14th 2013

Ergonomics for sustainability and growth **NES2012**
Saltsjöbaden, Stockholm, Sweden
19-22 August, 2012

NES2011
Oulu, Finland 18-21 September 2011
Wellbeing and Innovations Through Ergonomics

NES2010 Stavanger, Norway, 6th-8th of September 2010
PROACTIVE ERGONOMICS
Implementation of ergonomics in planning of jobs, tasks, systems and environments.

MTWTF

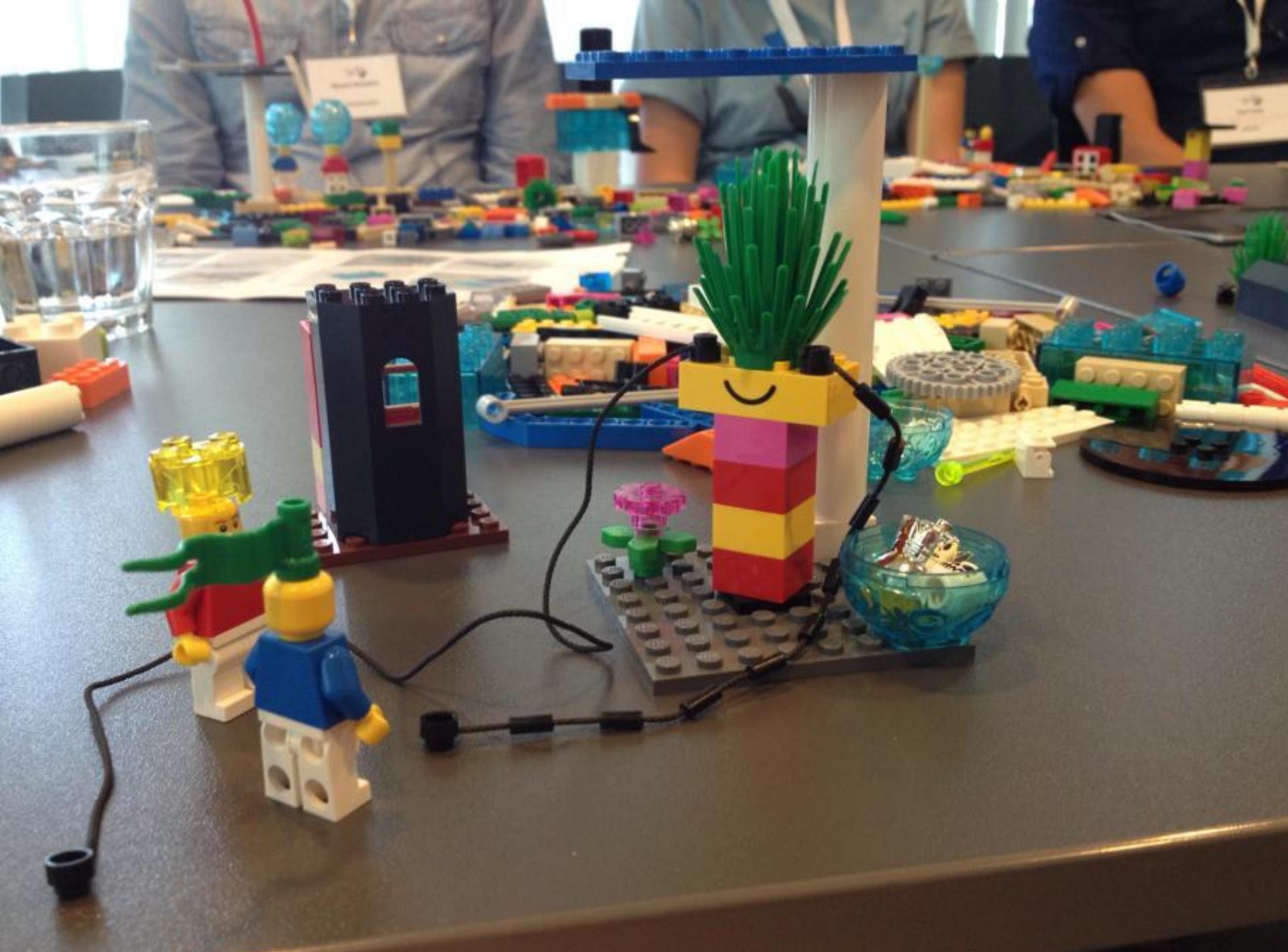


**Angry, stressed,
frustrated with IT**

3400 # + 2012







- ❖ Management consultation
- ❖ Team champion training
- ❖ Staff information session
- ❖ Management emails to staff

Stand Up, Sit Less, Move More

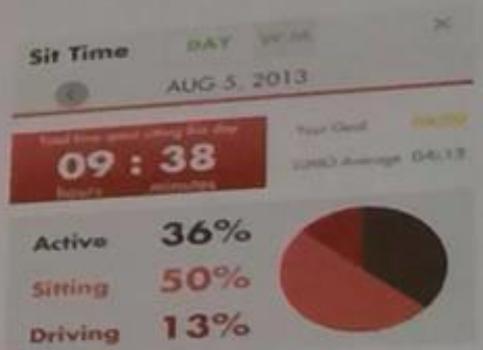
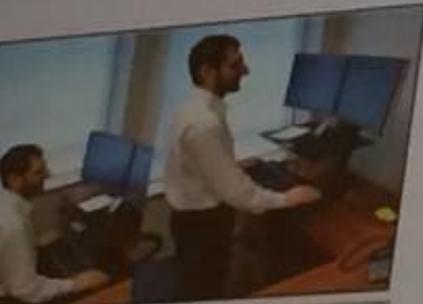
Organisational

Individual

Physical environment

Supportive Technology

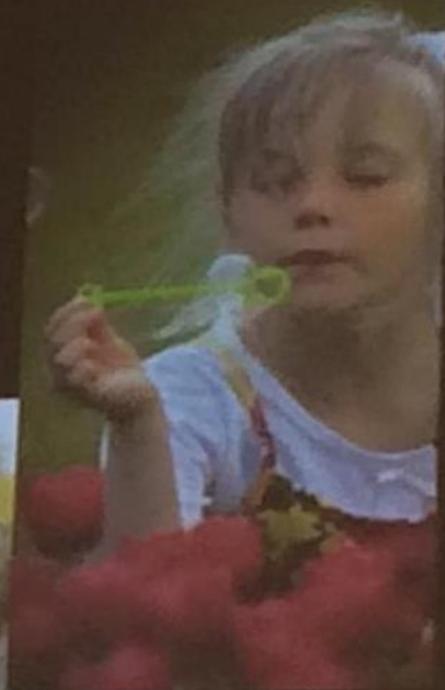
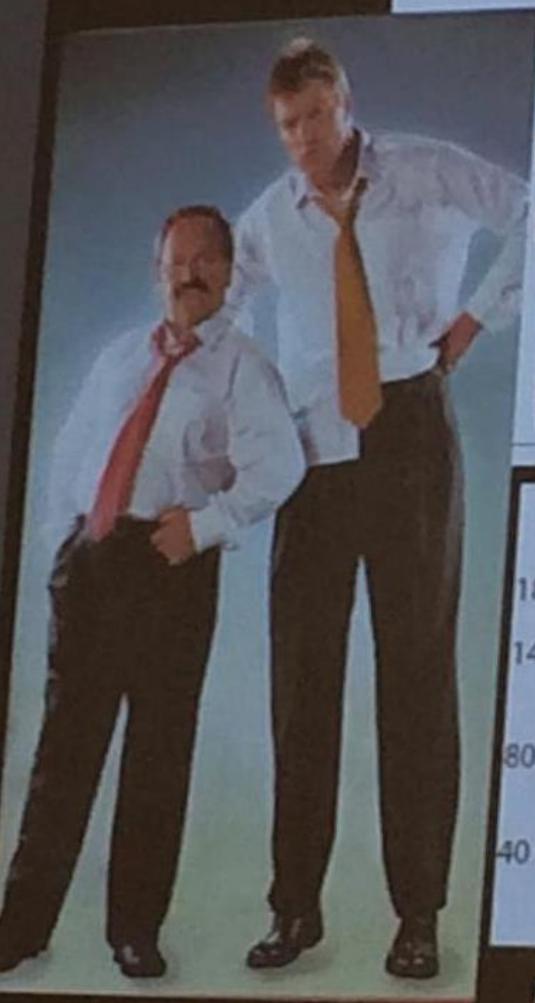
- ❖ Staff information session
- ❖ Written material
- ❖ Individual Coaching
- ❖ Support Phone Calls
- ❖ Self-monitoring tools



C. Brakenridge – Wed 12/8 10:15-11:15 Room 203

Ergonomics and Design for All

From design for CATEGORIES of users
towards design for users' NEEDS and expectation



Dulítíl dorra

